

Occupational Therapy

MASTER OF SCIENCE

www.dominican.edu



Dominican students learn how to help people achieve optimal independence.

Find Your Inspiration

Dominican University of California's Master of Science in Occupational Therapy (MSOT) integrates theory with hands-on training preparing a new generation of students to assume critical roles in one of the fastest-growing healthcare professions in the country. The curriculum is focused on developing ethical, competent practitioners with the knowledge, skills and attitude needed to thrive in changing healthcare settings.

Imagine Career Possibilities

Our program prepares students for practice, leadership, education and research in the profession of occupational therapy. The field is dedicated to enabling people who have been challenged by injury, development, psychological impairment or aging, to engage in the “occupations” of daily-life activities. Healers and teachers, occupational therapists help people maximize their life potential by emphasizing health promotion and education.

The number of registered occupational therapists has more than doubled in the past decade. The Bureau of Labor Statistics projects the demand to rise by more than 30 percent by 2012. Upon successful completion of the program, graduates have the knowledge and training to pass the national registry examination, become licensed in California or any other state, and practice nationally and internationally.

Our alumni excel in hospitals, rehabilitation centers, schools, clinics and home healthcare settings. Innovators and entrepreneurs who enjoy the flexibility afforded by their profession, some graduates have created community programs and businesses, while others serve as consultants to government and industry. All enjoy diverse career opportunities that include practitioner, administrator, educator, consultant and researcher.

Envision the Process

The 82-unit, three-year program—including requisite fieldwork—features a curriculum that combines rigorous and comprehensive professional preparation with a focus on community practice. Students benefit from case studies and hands-on learning, which advance clinical reasoning and critical thinking skills, as well as from small classes, which promote close interaction between them and the faculty.

Fieldwork placements and community partnerships, which are interwoven throughout the program, provide an essential link between the academic program and clinical practice and enable students to apply their knowledge in a clinical setting. The fieldwork coordinator can place students in out-of-state and international settings, as well as in Bay Area sites.

Features of the program include:

- Student-centered learning, with small classes and experienced faculty.
- More than 1,000 hours of supervised clinical training in diverse settings.
- Focus on community occupations and occupations throughout the lifespan.
- Consideration of cultural, social and political contexts of occupations.
- Excellent employment opportunities upon graduation.

Achieve Success

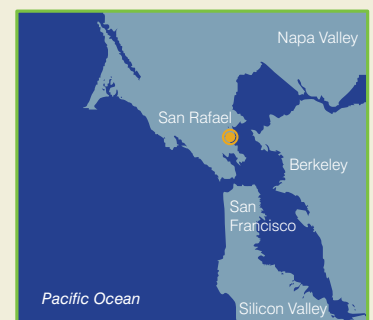
Graduates of Dominican's MSOT program:

- Possess knowledge based on a broad foundation in the liberal arts and sciences that supports an understanding of occupations across the lifespan, in varied settings and with diverse populations.
- Articulate an understanding of the history and philosophy of occupational therapy and the role of occupation in promoting health and preventing disease and disability.
- Understand and apply theories of human occupation as they relate to the profession of occupational therapy.
- Demonstrate the ability to use standardized and non-standardized assessment instruments and strategies to gain a comprehensive appreciation of client strengths and the need for occupational therapy services.
- Demonstrate the ability to design, deliver and evaluate evidence-based, occupation and client-centered interventions that promote optimal functioning for individuals and groups.
- Consider and value diverse social, educational, cultural and political systems that influence the occupational health of individuals and communities.
- Apply principles of management and leadership to develop skills in the design and delivery of occupational therapy services in a variety of institutional and community settings.
- Demonstrate the ability to understand and apply research to support an evidence based practice and to add to the knowledge base of the profession.
- Understand and demonstrate the ethics, values and responsibilities of the occupational therapy profession, including self-directed learning, involvement in professional associations and adherence to the OT Code of Ethics.
- Demonstrate the ability to apply previous knowledge to meet fieldwork requirements of the profession.

Easy Access

Dominican University of California is conveniently located near the 101 freeway in central San Rafael and is easily reached by car or public transportation. Our beautiful campus is 12 miles north of San Francisco and just a short drive from Napa or the East Bay. Public transportation is readily accessible — the Larkspur Ferry Terminal is within three miles and the Golden Gate Bus Terminal is a mile from campus.

When driving on Highway 101, take the Central San Rafael exit, turn east on Mission Avenue, then left on Grand Avenue to Acacia Avenue (about one mile). Free parking is available at the University parking area at the corner of Grand and Acacia.



Master of Science in Occupational Therapy

Dominican University of California's 3-year Master of Science in Occupational Therapy (MSOT) Program prepares students for work as licensed health professionals helping people achieve optimal independence after illness or injury. Graduates are eligible to sit for the national registry examination, become licensed in California or any other state, and practice nationally and internationally. Demand for OT professionals is projected to rise 30% by the year 2012. The program is open to college graduates from all disciplines.

Program Features

- Focus on occupation throughout the lifespan
- Consideration of cultural, social, and political contexts of occupation
- Student-centered learning, small classes, experienced faculty
- Over 1,000 hours of supervised clinical training in hospital and community settings
- Unique community-based programs and learning laboratories
- Excellent employment opportunities upon graduation

Program Format

The MSOT program is a full-time, 82-unit program designed to lead the student from breadth to depth, from theory to practice, and from classroom to clinic. The curriculum applies an occupational performance perspective to teach the skills of functional assessment, in-depth performance evaluation, and treatment planning and intervention within a holistic, client and community-centered context.

Each fall students are admitted into a cohort that works together through the course of the program. Options for part-time attendance are considered on a case-by-case basis by the program chair.

At an initial orientation session, students are introduced to the policies and procedures of the program, including health record requirements. Fieldwork placements are throughout the greater San Francisco Bay Area and may also include distance and international placements at the student's request.

All MSOT candidates complete a master's thesis as a culmination of their academic program.

continued on back ►

Explore the challenges and rewards of this degree program.
For more information, or to arrange for a visit, contact the Office of Admissions.

Toll Free: 888-323-6763 or 415-485-3204
Email: graduateprograms@dominican.edu
Online: www.dominican.edu

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Master of Science in Occupational Therapy Prerequisites

All courses must be taken at a regionally accredited institution of higher learning. In addition, students must receive a grade of “C” or better. Courses may be taken for upper or lower division credit. It is acceptable to have your bachelor’s degree or prerequisites in progress at the time of application.

Human Anatomy with lab ¹ (4 units)
Human Physiology with lab ¹ (4 units)
Introduction to Psychology (3 units)
Abnormal Psychology (3 units)
Lifespan Human Development (3 units)
Descriptive Physics (3 units)
Three Dimensional Art ² (i.e. ceramics) (3 units)
Statistics (math or psychology) (3 units)
Medical Terminology ³ (1-2 units)
Introduction to Sociology ⁴
OR Cultural Anthropology ⁴ (3 units)

Total Prerequisites 30-31 units

¹ must be taken within the last 5 years
² portfolio option available
³ pass or place out option
⁴ recommended, not required

Master of Science in Occupational Therapy Curriculum

Total: 82 units

Year One - Fall

OT 5011 Conditions in OT (3 units)
BIO 3800/3805 Neuroanatomy and Physiology (3 units)
OT 5012 Foundations of OT (4 units)
OT 5015 Psychosocial Aspects of Occupation I (3 units)

13 units total

Year One - Spring

OT 5105 Research in the Health Professions (3 units)
OT 5016 Occupations of Children and Adolescents I (3 units)
OT 5115 Psychosocial Aspects of Occupation II (5 units)
OT 5014 Human Movement Analysis (3 units)

14 units total

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Summer

OT 5102 Culture and Human Occupations (3 units)

PHIL 3109 Ethics in Health Care (3 units)

6 units total

Year Two - Fall

OT 5106 Advanced Theory and Research (3 units)

OT 5116 Occupations of Children and Adolescents II (5 units)

OT 5017 Occupations of Adults and Seniors I (3 units)

11 units total

Year Two - Spring

OT 5101 Health Care Policy and Leadership (3 units)

OT 5104 Educational Principles and Practice in OT (3 units)

OT 5117 Occupations of Adults and Seniors II (5 units)

OT 5110 OT Thesis Proposal (3 units)

14 units total

Summer

OT 5130 Level II Fieldwork (6 units)

6 units total

Year Three - Fall

OT 5103 OT Program Development (3 units)

OT 5111 OT Thesis Completion (3 units)

OT 5107 Professional Development Seminar (3 units)

OT 52xx OT Electives* (2 units)

11 units total

Year Three - Spring

OT 5131 or OT 5132 Level II Fieldwork (6 units)

OT 5112 OT Thesis Presentation (1 unit)

7 units total

Recommended: Third Level II Fieldwork in Specialty Practice i.e., Pediatrics, Hand Therapy, Ergonomics Administration, Research or Program Development

* Electives may be taken at any time in the program

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Faculty and Staff

Ruth Ramsey

Director and Department Chair; Associate Professor

BA, San Francisco State University
MA, UCLA
MSOT, San Jose State University
EdD, University of San Francisco

Alison Chaplin

Academic Fieldwork Associate

BSOT, Dominican University of California

Janis Davis

Associate Professor

BSOT, University of Kansas
MA, University of Missouri
PhD, University of Kansas

Suzanne Degen

Academic Fieldwork Coordinator

BSOT, San Jose State University

Joanne Figone

Adjunct Instructor

BA, UC Berkeley
MSOT, University of Southern California

Stacy Frauwirth

Assistant Professor

BS, Tufts University
MSOT, Boston University

Bonnie Napier-Tiber

Adjunct Associate Professor

BA, Humboldt State
BSOT, University of Puget Sound
MRA, University of San Francisco
EdD, Pepperdine

Karen Pitbladdo

Adjunct Assistant Professor

BSOT, SUNY Buffalo
MS, University of Rochester

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Tuition and Financial Aid Information

Tuition for the 2008-2009 academic year is \$810 per unit. Upon admission to the program, a \$200 non-refundable deposit is required to reserve your space. Deposits are required of all new students before registration and are not additional fees.

Tuition and fees are subject to change at the discretion of the Board of Trustees.

Financial Aid

To apply for financial aid each student must annually complete and file the Free Application for Federal Student Aid (FAFSA). The online FAFSA is available at www.fafsa.ed.gov. Financial aid eligibility is determined through information the applicant provides on the FAFSA and the applicant must also provide any other documents as requested by the Dominican Financial Aid Office. A financial aid award notification letter is sent to admitted students who have provided all required documents.

Grants

Dominican grants are available to graduate students who qualify based on financial need as determined through the FAFSA. Grants are awarded per academic year and recipients must be enrolled in 9 units each semester.

Scholarships

A limited number of scholarships are available to graduate students at the discretion of the faculty program director and in coordination with other forms of financial aid. Scholarships are awarded per academic year and recipients must be enrolled in a minimum of 6 units each semester.

Student Loans

United States citizens and permanent residents enrolled at least half time (6 units) in a graduate program are eligible to apply for low-interest federal student loans. Students are considered for subsidized and unsubsidized student loans, and may also apply for a credit based GRAD PLUS loan as an additional resource.

continued on back ▶

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Steps to Enrollment

1. Complete graduate application

- Complete the application online at www.dominican.edu and the \$40 application fee is waived.

or

- Complete the printed graduate admission application and mail it along with a \$40 check. Please make checks payable to Dominican University of California, to:
Office of Admissions
Dominican University of California
50 Acacia Avenue
San Rafael, California 94901

2. Send official transcripts.

A separate official transcript from every college/university attended must be sent to the Office of Admissions in a sealed envelope.

3. Submit remaining program specific admission documents.

4. Apply for financial aid online.

Visit www.dominican.edu/admissions/aid/howapply

Complete and submit the online Free Application for Student Aid (FAFSA)

Financial aid notification letters will be sent only to admitted students who have submitted all required documents.

Admitted Students

5. Sign and return the financial aid award letter to the Financial Aid Office at Dominican.

6. Reserve space in the program by submitting the tuition deposit.

The letter of admission provides details on how to reserve a space in the program. Payment is by check or contact the Office of Admissions at 415-485-3280 to pay by credit card.

7. Contact faculty program director to schedule an advising and registration appointment.

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Documentation and Evaluation of Volunteer Experience in a Human Service Setting

To the Individual Completing This Form

The applicant named below has applied for admission to the MS in Occupational Therapy program at Dominican University of California. We appreciate your assistance in helping us form the best possible judgment of the applicant. Please reply to the following questions as fully and candidly as possible, sign across the envelope's seal and mail directly to Office of Admissions, Dominican University of California, 50 Acacia Avenue, San Rafael, California 94901-2298.

Name of Evaluator (printed)

Position/Title

Address

City

State

Zip

Telephone Number

E-mail

Name of Applicant

Last Name

First Name

To the Applicant Submitting This Form (sign one)

I waive access to this letter of recommendation. I understand it will remain confidential and that I will not have access to it.

Signature

Date

I do not waive access to this evaluation. I retain my right to read the recommendation.

Signature

Date

continued on back ▶

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Attributes

Evaluator: Please rate the applicant on each of the following 18 characteristics. Check the box which best reflects your judgment of the applicant.

Excellent • Good • Fair • Poor • Not Observed

- | | | | | | |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. Attendance —attends as scheduled. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2. Punctuality —student arrives on time and stays through session. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3. Respect —respects legitimate authority and works constructively through proper channels to resolve grievances. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 4. Responsibility —takes responsibility for his/her own behavior. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5. Teamwork —is able to participate fully as a team member. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 6. Flexibility —is able to positively adapt to unexpected changes. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 7. Organization —is consistently prepared and able to prioritize. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 8. Response to feedback —can hear and use constructive criticism. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9. Emotional maturity —handles situations and personal emotions in a professional manner. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 10. Appearance —presents a neat, clean, and appropriate appearance. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 11. Motivation —is actively engaged in the learning process. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 12. Self-confidence —is aware of his/her own strengths and weaknesses, is able to convey confidence as needed. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 13. Ethics —displays ethical behavior at all times. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 14. Non-discrimination —does not discriminate on basis of race, gender, age, sexual orientation, religion, or economic status. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 15. Initiative —asks questions to clarify points, uses available resources (i.e., tutoring) to improve performance. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 16. Problem solving —is able to logically evaluate facts, justify actions. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 17. Communication —uses effective written and oral communication skills. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 18. Honesty —displays honesty and integrity. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Summary Recommendation:

- I would highly recommend this applicant. I would recommend this applicant.
 I hesitate to recommend this applicant. I would not recommend this applicant.
 I do not feel qualified to make a recommendation.

Number of hours applicant was supervised by an OTR _____ Number of hours applicant was supervised by other than an OTR _____

Briefly describe duties performed by the applicant _____

Comments (include a second sheet if necessary) _____

Signature of Evaluator _____

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Art Portfolio Review Form

Policy: Graduate students entering the occupational therapy program at Dominican University of California may satisfy the requirement for a three dimensional art class via a portfolio option. The following procedures apply:

1. The student submits a portfolio, documenting expertise in at least four significant artistic mediums- i.e. ceramics, painting, needlework, woodwork.
2. Craft kits may not be used to satisfy the art requirement.
3. All art must be original and independently conceived and produced.
4. The portfolio shall consist of photographs and/or samples of original art/craft creations.
5. Accompanying each photograph shall be a written narrative discussion about the process of learning and doing the art or craft activity, the finished piece that is part of the portfolio, and the significance of the piece to the student. The narrative shall include consideration of the socio-cultural, symbolic, or aesthetic aspects of creating the art.
6. The written narrative shall also reflect briefly, on potential therapeutic applications of the art form- i.e. with what populations, and with what adaptations.
7. Whenever possible, the student shall present examples of a finished art project along with photographs, as evidence that the student was the original creator of the art.
8. A minimum of six examples of original art in a variety of mediums must be submitted.
9. The art portfolio is evaluated by designated faculty as either meeting or not meeting the requirements.
10. After evaluation, the portfolio is returned to the student.
11. This form is to be included in the student's advising file.

Portfolio evaluation of (student name)

Faculty evaluating student

Date

Art/craft media submitted

Comment on quality, variety, originality of work:

This portfolio **does/ does not (circle one)** meet requirements for the occupational therapy major.

Signed

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